



Internship Connect

REC's Internship Connect program is a monitored experience in which an intern has clearly defined learning goals and reflects on what he or she is learning throughout the experience.

Internship Connect helps students:

- Apply knowledge acquired in the classroom to real-world situations
- Develop analytical skills and expand their discipline.
- Improve time management, communication, and interpersonal skills

There are clearly defined learning objectives/goals created for each intern:

- Supervised by An experienced professional, educational, and/or professional background in the field of expertise
- An Internship supervisor or point of contact working with the intern will create goals and objectives for the learning opportunity
- Routine feedback is provided to each intern

Interns learn how their course of study applies in the real world and builds valuable experiences that make them stronger organizational assets. Internships can occur any time of the year – including over the summer. While employment is not guaranteed at the end of an internship, REC uses internships to prepare interns for their careers. Our internship information can be found on Handshake and our REC website.

Career Development

Resume Development – 10 Ways to Build a Resume

Landing a job in a field of interest is a big win for the intern! To meet this achievement, the intern will learn about building their skill sets using clear and concise language, action verbs, and facts and figures to excite the reader and attract interest in the potential intern's ability to perform the job.

Interviewing Skills – 10 Tips to help you with your Interviewing Skills

Ever have the feeling of nervousness when interviewing? We understand! Interviewing is just like having a conversation and discussing your ability to perform the job. This session will educate the intern on the mechanics of an interview, knowing the job description, researching the company, appearing professional, creating questions for the interviewer, and learning how to respond when in an interview.

Link-Up with LinkedIn – Developing a professional profile

Social media is a fast way to communicate, and social media presence is so significant nowadays! This session will build your brand as an intern by showcasing your skills and talents

with a social media presence. What is a professional profile? A professional profile is a description that highlights your skills, education, experience, and expertise.